

~ Heartcentre 2010 Diary ~

Heartcentre will be closed for Spiritual Groups from 14th December 2009, opening Tuesday 12th January 2010.
Individual Consultations continue until Friday 18th December.

JANUARY

- ♥ Wed 30 – Sat 2 Extended New Year Retreat ♦ Theme: Drawing on the Qualities of Love
- ♥ Tues 12 Evening Living Awareness Circle begins in Blue Mountains for 2010
- ♥ Thurs 14 Evening Living Awareness Circle begins in Sydney for 2010
- ♥ Sat 23 * COMMUNITY MEETING 10.15 am - 3.30 pm * Bring vegetarian lunch to share \$10 donation to buy sewing machine and classes for widow in Afghanistan
- ♥ Sun 31 Sunday Morning Music, Meditation & Sufi Poetry. 10.15 am – 12.30 pm

FEBRUARY

- ♥ Sat 6 Saturday of Renewal ~ Time: 10.00 am – 4.45 pm. Arrive by 9.45 am
♦ Theme: Intensifying your Heart Energy ~ Filling the Space with Love
- ♥ Sun 7 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Sun 28 Sunday Morning Music, Meditation & Sufi Poetry. 10.15 am – 12.30 pm

MARCH

- ♥ Sat 6 Saturday of Renewal ~ Time: 10.00 am – 4.45 pm. Arrive by 9.45 am
♦ Theme: The Expression of Natural and Spiritual Happiness
- ♥ Sun 7 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Monday 8 – Fri 19 Susan & Georgia on holidays
- ♥ Sun 28 HEARTCENTERING CONCERT & LUNCH. Arrive by 10.15 am. Finish 2.00 pm

APRIL

- ♥ Sat 3 Sun 4 Saturday of Renewal ~ Time: 10.00 am – 4.45 pm. Arrive by 9.45 am
♦ Theme: Courage ~ Finding and Being True to your Particular Note
- ♥ Sun 25 Sunday Morning Music, Meditation & Sufi Poetry. 10.15 am – 12.30 pm

MAY

- ♥ Sat 1 Saturday of Renewal ~ Time: 10.00 am – 4.45 pm. Arrive by 9.45 am
♦ Theme: Walking the Talk ~ Integration of Spiritual Values into Action
- ♥ Sun 2 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Sat 15 COMMUNITY PROJECT DAY 10.15 am - 3.30 pm * Bring lunch to share + \$10
- ♥ Sun 30 Sunday Morning Music, Meditation & Poetry. 10.15 am – 12.30 pm

JUNE

- ♥ Sat 5 Saturday of Renewal ~ Time: 10.00 am – 4.45 pm. Arrive by 9.45 am
♦ Theme: Changing your Mind ~ Releasing Attachments as you Grow in Love
- ♥ Sun 6 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Sun 4 July Sunday Morning Music, Meditation & Poetry. 10.15 am – 12.30 pm

June M & M will be on:

- ♥ Sun 4 July

JULY

- ♥ Sun 11 - 25 2 week Spiritual Retreat in BALI
♦ Theme: Journey into the Mystical Current of Love
- ♥ Monday 26 – Fri 30 Heartcentre will be closed and Susan & Georgia will be having the week off.
- ♥ Sun 1 Aug Sunday Morning Music, Meditation & Poetry. 10.15 am – 12.30 pm

July M & M will be on:

- ♥ Sun 1 Aug

♦ PAYMENT AND CONCESSIONS

Remember that concessions and work exchange are possible. If you need to negotiate this please discuss it with Susan.

~ Heartcentre 2010 Diary continued ~

AUGUST

- ♥ Sat 7 Saturday of Renewal ~ Time: 10.15 am – 4.45 pm. Arrive by 10am please
♦ Theme: Detailed in the next Winter Spring edition of HeartWaves
- ♥ Sun 8 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Sat 21 COMMUNITY MEETING 10.15 am - 3.30 pm * Bring vegetarian lunch to share \$10 donation to buy sewing machine and classes for widow in Afghanistan
- ♥ Sun 29 Sunday Morning Music, Meditation & Sufi Poetry. 10.15 am – 12.30 pm

SEPTEMBER

- ♥ Sat 4 Saturday of Renewal ~ Time: 10.15 am – 4.45 pm. Arrive by 10am please
♦ Theme: Detailed in the next Winter Spring edition of HeartWaves
- ♥ Sun 5 Love in Action 10.00 am – 11.30 pm * Finish with morning tea – provided
- ♥ Sun 26 Sunday Morning Music, Meditation & Sufi Poetry. 10.30 am – 12.30 pm

OCTOBER

- ♥ Sat 2 Saturday of Renewal ~ Time: 10.15 am – 4.45 pm. Arrive by 10am please
♦ Theme: Detailed in the next Winter Spring edition of HeartWaves
- ♥ Sun 5 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Sun 24 HEARTCENTERING CONCERT & LUNCH. Arrive by 10.15 am. Finish 2.00 pm

NOVEMBER

- ♥ Sat 6 Saturday of Renewal ~ Time: 10.15 am – 4.45 pm. Arrive by 10am please
♦ Theme: Detailed in the next Winter Spring edition of HeartWaves
- ♥ Sun 7 Love in Action 10.00 am – 11.30 am * Finish with morning tea – provided
- ♥ Sun 28 Sunday Morning Music, Meditation & Sufi Poetry. 10.15 am – 12.30 pm

DECEMBER

- ♥ Saturday 11 End of Year Celebration ~ 10.15 am - 4.15 pm * Bring vegetarian food to share
Remember to bring your wrapped Christmas gift K-Mart Wishing Tree. \$10 donation to Mahboba's Promise supporting those in need in Afghanistan.
- ♥ Thurs 30 - Sunday 2 3 Day New Year Extended Residential Retreat
♦ Theme: Celebration, Letting Go and New Beginnings ~ 2011

♦ LOVE IN ACTION AT HEARTCENTRE

Maintenance of your community's meeting place.

Although Heartcentre is Susan and Georgia's home it is also the Spiritual Centre for this community. It needs a lot of care and it needs the energy to be recharged with the love of the community of people who draw from it.

We would deeply appreciate whatever support you can offer. There are lots of small jobs from cleaning to gardening, as well as odd jobs from time to time. Some of these are much more fun to do when we work unitedly as a team, some you can do on your own. Please let us know which of these Sundays you would like to join in and help, or other times in the week that may suit you better.

For those of you who receive a discount for evening groups and/or Retreats please consider offering some Love in Action in your own time to help with the jobs around Heartcentre. You may have time if you don't have the money.

♦ CELEBRATING COMMUNITY MEMBER'S BIRTHDAYS

Instead of giving presents for community birthdays we each donate \$52 a year which supports Heartcentre's foster child Nining and her community in Indonesia – a living gift to each other to celebrate the birthdays of your talented friends in the Community. You can donate in one payment or whatever way works for you. If there is any money left over we decide at the End of Year Celebration what worthy cause we would like to give to.

♦ YOUR PRESENCE

Your presence and feedback at the January and August Community Meetings is invaluable. Also, if you have any issues or have any feedback or questions, always feel free to speak with Susan or Georgia any time throughout the year. It is so important to keep the channels of communication clear, and the door of your heart open.